

MENIUL ZILEI 18.05.2026

Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina	Supliment ora 21
COMUN	Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; Salam 50g; unt 2buc(20g)al.lapte);	ceai hidratate 300ml;	Ciorba fasole alba300ml(al.telina); Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); paste cu sos de rosii,300gr(al-gluten); portocale 200g;	Ceai fara zahar,300ml;	branza cu smantana 1cut(al.lapte)180g, carnati 50g, mancare de cartofi 300g; Paine cu sare 100g(al- gluten);	
Cardiac	Branza vaci 100 g(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine fara sare 80g; unt,10gr(al-lapte);	ceai hidratate 300ml;	Paine fara sare 200g(al-gluten); paste albe,300gr(al-gluten); portocale 200g; Rasol pulpe pui220gr(155gpp); supa cu fidea(al.glut.telina)300ml;	Ceai fara zahar,300ml;	branza cu smantana 1cut(al.lapte)180g; Mancare de cartofi regim 300g; Paine fara sare 100g(al-gluten); Rasol pulpe pui220gr(155gpp);	
Diabet colita	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g;	sunca 100g;	mar copt200gr; paine fara sare60g; paste 100g; Rasol pulpe pui220gr(155gpp); supa alba de legume 300ml(al.glut.);	cascaval 100g(al-lapte);	branza topita 2 cub(al.lapte); mar copt200gr; paine fara sare 40g; pilaf 200g; Rasol pulpe pui220gr(155gpp);	
Diabet Hepatic	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); paine cu sare 60g; portocale 200g; Sote de fasole verde,200gr; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	branza topita 2 cub(al.lapte); cartofi natur 200g; paine cu sare 40g; Rasol pulpe pui220gr(155gpp);	
Diabet Card	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	mancare de varza 300g; paine fara sare60g; portocale 200g; Rasol pulpe pui220gr(155gpp); supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	branza cu smantana 1cut(al.lapte)180g; cartofi natur 200g; paine fara sare 40g; Rasol pulpe pui220gr(155gpp);	
Diabet	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; salam 100g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); mincare de varza 300g; paine cu sare 60g; portocale 200g; supa de legume,300ml(al.telina);	carnati cabanos 70g 2buc;	branza cu smantana 1cut(al.lapte)180g; cartofi natur 200g; paine cu sare 40g; Rasol pulpe pui220gr(155gpp);	
Diabet Insulina	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; salam 100g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); mincare de varza 300g; paine cu sare 60g; portocale 200g; supa de legume,300ml(al.telina);	carnati cabanos 70g 2buc;	branza cu smantana 1cut(al.lapte)180g; cartofi natur 200g; paine cu sare 40g; Rasol pulpe pui220gr(155gpp);	laurt insulina 140g(al-lapte);
Gastric	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; Ou fiert 1buc; paine fara sare 80g;	ceai hidratate 300ml;	mar copt200gr; Paine fara sare 200g(al-gluten); paste albe,300gr(al-gluten); Rasol pulpe pui220gr(155gpp); supa alba de legume 300ml(al.glut.);	Ceai fara zahar,300ml;	branza cu smantana 1cut(al.lapte)180g; Cartofi natur,300gr; Paine fara sare 100g(al-gluten); Rasol pulpe pui220gr(155gpp);	
Hepatic	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g;	ceai hidratate 300ml;	Paine fara sare 200g(al-gluten); paste albe,300gr(al-gluten); portocale 200g; Rasol pulpe pui220gr(155gpp); supa cu fidea(al.glut.telina)300ml;	Ceai fara zahar,300ml;	branza topita 2 cub(al.lapte) laurt,140gr(al-lapte); Mancare de cartofi regim 300g; Paine fara sare 100g(al-gluten); Rasol pulpe pui220gr(155gpp);	
HIPERCALORIC	Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; Salam 50g; unt 2buc(20g)al.lapte);	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte);	Ciorba fasole alba300ml(al.telina); Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); paste cu sos de rosii,300gr(al-gluten); portocale 200g;	branza topita 2 cub(al.lapte);	branza cu smantana 1cut(al.lapte)180g; Friptura pulpe pui,220gr(155g pp); mancare de cartofi 300g; Paine cu sare 100g(al-gluten).	
Hipocaloric	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare 40g;	laurt,140gr(al-lapte);	mancare de varza 300g; paine fara sare60g; portocale 200g; Rasol pulpe pui220gr(155gpp); supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	cartofi natur 200g; Rasol pulpe pui220gr(155gpp);	
Speciali	branza topita 2 cub(al.lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; unt 2buc(20g)al.lapte);	ceai hidratate 300ml;	Ciorba fasole alba300ml(al.telina); Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); paste cu sos de rosii,300gr(al-gluten); portocale 200g;	Ceai fara zahar,300ml;	branza cu smantana 1cut(al.lapte)180g; mancare de cartofi 300g; Paine cu sare 100g(al-gluten); Rasol pulpe pui220gr(155gpp);	

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Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina
COMUN	Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; sunca 50g;	ceai hidratate 300ml;	ciorba cu zdrente ou 300ml(al.telina,ou,glut.); Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); Pilaf 300g; portocale 200g;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Friptura pulpe sup.220g(150pp); mancare de fasole verde 300g(al-gluten); Paine cu sare 100g(al- gluten)
Cardiac	Gem 40g(2buc); Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine fara sare 40g; unt 2buc(20g)al.lapte);	ceai hidratate 300ml;	Paine fara sare 200g(al-gluten); Pilaf 300g; portocale 200g; Rasol pulpe pui220gr(155gpp); Supa cu zdrente ou,300ml(al.glt,ou,tel);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); mancare de fasole verde regim 300g(al.glt.); Paine fara sare 100g(al-gluten); rasol pulpe sup.220g(150gpp);
Diabet colita	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai fara zahar,300ml; paine fara sare60g; sunca 100g;	branza topita 2 cub(al.lapte);	mar copt200gr; paine fara sare60g; pilaf 200g; Rasol pulpe pui220gr(155gpp); Supa alba cu zdrente ou ,300ml(al.glt,ou);	Branza vaci 100 g(al-lapte);	branza topita 2 cub(al.lapte); mar copt200gr; paine fara sare60g; rasol pulpe sup.220g(150gpp); Sote de fasole verde.200gr;
Diabet Hepatic	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); paine cu sare 60g; pilaf 200g; Supa cu zdrente ou,300ml(al.glt,ou,tel);	laurt,140gr(al-lapte);	branza topita 2 cub(al.lapte); Friptura pulpe sup.220g(150pp); laurt,140gr(al-lapte); paine cu sare 60g; Sote de fasole verde.200gr;
Diabet Card	branza vaci 150gr(al.lapte); Ceai fara zahar,300ml; paine fara sare60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); paine fara sare60g; pilaf 200g; portocale 200g; Supa cu zdrente ou,300ml(al.glt,ou,tel);	laurt,140gr(al-lapte);	Branza vaci 100 g(al-lapte); Friptura pulpe sup.220g(150pp); laurt,140gr(al-lapte); paine fara sare60g; Sote de fasole verde.200gr;
Diabet	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; sunca 100g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	ciorba cu zdrente ou 300ml(al.telina,ou,glut.); Friptura pulpe pui,220gr(155g pp); paine cu sare 60g; pilaf 200g; portocale 200g;	laurt,140gr(al-lapte);	branza topita 2 cub(al.lapte); Friptura pulpe sup.220g(150pp); laurt,140gr(al-lapte); paine cu sare 60g; Sote de fasole verde.200gr;
Gastric	cascaval,50gr(al-lapte); Gris cu lapte, Napolitane 35gr(al-gluten,soia,lpt,alune); paine fara sare 40g;	ceai hidratate 300ml;	mar copt200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); Supa alba cu zdrente ou ,300ml(al.glt,ou);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Paine fara sare 100g(al-gluten); paste albe,300gr(al-gluten); rasol pulpe sup.220g(150gpp);
Hepatic	cascaval,50gr(al-lapte); Gris cu lapte, Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g;	ceai hidratate 300ml;	Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); Pilaf 300g; portocale 200g; Supa cu zdrente ou,300ml(al.glt,ou,tel);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); mancare de fasole verde 300g(al-gluten); Paine cu sare 100g(al-gluten); rasol pulpe sup.220g(150gpp);
HIPERCALORIC	Gem,20gr; Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; sunca 50g; unt,10gr(al-lapte);	branza topita 2 cub(al.lapte);	ciorba cu zdrente ou 300ml(al.telina,ou,glut.); Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); Pilaf 300g; portocale 200g;	branza cu smantana 1cut(al.lapte) 180g;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Friptura pulpe sup.220g(150pp); mancare de fasole verde 300g(al-gluten); Paine cu sare 100g(al- gluten);
Hipocaloric	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine fara sare 40g; sunca 100g.	laurt,140gr(al-lapte);	paine fara sare 40g; pilaf 200g; portocale 200g; Rasol pulpe pui220gr(155gpp); Supa cu zdrente ou,300ml(al.glt,ou,tel);	laurt,140gr(al-lapte);	paine fara sare 40g; rasol pulpe sup.220g(150gpp); Sote de fasole verde.200gr;
Speciali	biscuiti 70gr(alergen gluten); Gem 40g(2buc); Gris cu lapte; paine cu sare 40g; unt 2buc(20g)al.lapte);	ceai hidratate 300ml;	ciorba cu zdrente ou 300ml(al.telina,ou,glut.); Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); Pilaf 300g; portocale 200g;	Ceai fara zahar,300ml;	branza topita 2 cub(al.lapte); Friptura pulpe sup.220g(150pp); laurt,140gr(al-lapte); mancare de fasole verde 300g(al-gluten); Paine cu sare 100g(al- gluten);

MENIUL ZILEI 20.05.2026

Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina
COMUN	cascaval,50gr(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine cu sare 80g; unt,10gr(al-lapte);	ceai hidratare 300ml;	paine cu sare 200 g(al-gluten); portocale 200g; supa cu fidea(al.glut.,telina)300ml; Varza a la Cluj 350g;	Ceai fara zahar,300ml;	macaroane cu telemea si branza 300g(al-gluten,lapt; Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; sunca 50g;
Cardiac	Branza vaci 100 g(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine fara sare 80g; unt,10gr(al-lapte);	ceai hidratare 300ml;	Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); portocale 200g; rasol pulpe sup pui200g(140gpp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paste cu branza vaci 300g(al-gluten,lapte);
Diabet colita	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 60g;	sunca 100g;	paine cu sare 60g; paste 100g; portocale 200g; rasol pulpe sup pui200g(140gpp); supa de legume,300ml(al.telina);	telemea 100gr;	mar copt200gr; paine cu sare 40g; pilaf 200g; rasol pulpe sup pui200g(140gpp); sunca 50g;
Diabet Hepatic	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	friptura pulpe sup pui 200g(140gpp); paine cu sare 80g; portocale 200g; Spanac cu sos,200gr; supa de legume,300ml(al.telina);	branza topita 2 cub(al.lapte);	Branza vaci 100 g(al-lapte); laurt,140gr(al-lapte); paine cu sare 40g; pilaf 200g; rasol pulpe sup pui200g(140gpp);
Diabet Card	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	friptura pulpe sup pui 200g(140gpp); mincare de varza 300g; paine fara sare 80g; portocale 200g; supa de legume,300ml(al.telina);	sana 330(al.lapte);	Branza vaci 100 g(al-lapte); laurt,140gr(al-lapte); paine fara sare 40g; pilaf 200g; rasol pulpe sup pui200g(140gpp);
Diabet	cascaval 100g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	paine cu sare 80g; portocale 200g; supa de legume,300ml(al.telina); Varza a la Cluj 350g;	telemea 100gr;	laurt,140gr(al-lapte); paine cu sare 40g; pilaf 200g; rasol pulpe sup pui200g(140gpp); sunca 50g;
Gastric	cascaval,50gr(al-lapte); Ceai,300ml; Ou fiert 1buc; paine fara sare 80g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	mar copt200gr; Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); rasol pulpe sup pui200g(140gpp); supa alba de legume 300ml(al.glut.);	Ceai fara zahar,300ml;	laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paste cu branza vaci 300g(al-gluten,lapte);
Hepatic	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g;	ceai hidratare 300ml;	Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); portocale 200g; rasol pulpe sup pui200g(140gpp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paste cu branza vaci 300g(al-gluten,lapte);
HIPERCALORIC	cascaval,50gr(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine cu sare 80g; unt,10gr(al-lapte);	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte);	paine cu sare 200 g(al-gluten); portocale 200g; supa cu fidea(al.glut.,telina)300ml; Varza a la Cluj 350g;	branza topita 2 cub(al.lapte);	macaroane cu telemea si branza 300g(al-gluten,lapt; Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; sunca 50g;
Hipocaloric	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 40g;	laurt,140gr(al-lapte);	friptura pulpe sup pui 200g(140gpp); mincare de varza 300g; paine cu sare 60g; portocale 200g; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	pilaf 200g; rasol pulpe sup pui200g(140gpp);
Speciali	cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	paine cu sare 200 g(al-gluten); portocale 200g; supa cu fidea(al.glut.,telina)300ml; Varza a la Cluj 350g;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); macaroane cu telemea si branza 300g(al-gluten,lapt;

Meniul zilei 21.05.2026

Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina	Supliment ora 21
COMUN	corn 1buc 100g(al.glut.); Gem,20gr; paine cu sare 60g; Salam 50g; sana 330(al.lapte); unt,10gr(al.lapte);	ceai hidratare 300ml;	Ciorba legume,300ml(al-gluten,telina); fript.pulpe pui 240g(155pp); paine cu sare 200 g(al-gluten); pilaf cu legume mexicane 300g; portocale 200g;	Ceai fara zahar,300ml;	branza cu smantana 1cut(al.lapte)180g; carnati 50g; mancare de cartofi 300g; Paine cu sare 100g(al- gluten);	
Cardiac	corn 1buc 100g(al.glut.); Gem 40g(2buc); paine fara sare60g; sana 330(al.lapte); unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	Paine fara sare 200g(al-gluten); Pilaf 300g; portocale 200g; rasol pulpe pui 240g(155pp); supa zarzavat 300ml(al.glut);	Ceai fara zahar,300ml;	branza cu smantana 1cut(al.lapte)180g; Mancare de cartofi regim 300g; Paine fara sare 100g(al-gluten); rasol pulpe sup pui200g(140gpp);	
Diabet colita	branza topita 2 cub(al.lapte); Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; sunca 100g;	Branza vaci 100 g(al-lapte);	mar copt200gr; paine cu sare 80g; rasol pulpe pui 240g(155pp); Sote de fasole verde,200gr; supa de legume,300ml(al.telina);	cascaval 100g(al-lapte);	branza topita 2 cub(al.lapte); friptura pulpe sup pui 200g(140gpp); mar copt200gr; paine cu sare 40g; pilaf 200g;	
Diabet Hepatic	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	fript.pulpe pui 240g(155pp); paine cu sare 80g; portocale 200g; Sote de fasole verde,200gr; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	branza topita 2 cub(al.lapte); cartofi natur 200g; friptura pulpe sup pui 200g(140gpp); paine cu sare 40g;	
Diabet Card	branza vaci 150gr(al.lapte); Ceai fara zahar,300ml; paine fara sare60g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	fript.pulpe pui 240g(155pp); paine fara sare60g; portocale 200g; Sote de fasole verde,200gr; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	branza cu smantana 1cut(al.lapte)180g; cartofi natur 200g; friptura pulpe sup pui 200g(140gpp); paine fara sare 40g;	
Diabet	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; salam 100g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	Chiftelute(al-ou)(2 buc); Ciorba legume,300ml(al-gluten,telina); paine cu sare 80g; portocale 200g; Sote de fasole verde,200gr;	laurt,140gr(al-lapte);	branza cu smantana 1cut(al.lapte)180g; cartofi natur 200g; friptura pulpe sup pui 200g(140gpp); paine cu sare 40g;	
Diabet Insulina	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; salam 100g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	Ciorba legume,300ml(al-gluten,telina); fript.pulpe pui 240g(155pp); paine cu sare 80g; portocale 200g; Sote de fasole verde,200gr;	laurt,140gr(al-lapte);	branza cu smantana 1cut(al.lapte)180g; cartofi natur 200g; friptura pulpe sup pui 200g(140gpp); paine cu sare 40g;	laurt insulina 140g(al-lapte);
Gastric	cascaval,50gr(al-lapte); corn 1buc 100g(al.glut.); paine fara sare60g; sana 330(al.lapte); unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	mar copt200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; rasol pulpe pui 240g(155pp); supa alba de legume 300ml(al.glut.);	Ceai fara zahar,300ml;	Cartofi natur,300gr; corn 1buc 100g(al.glut.); laurt,140gr(al-lapte); Paine fara sare 100g(al-gluten); rasol pulpe sup pui200g(140gpp);	
Hepatic	branza topita 2 cub(al.lapte); corn 1buc 100g(al.glut.); Gem 40g(2buc); paine cu sare 60g; sana 330(al.lapte);	ceai hidratare 300ml;	paine cu sare 200 g(al-gluten); Pilaf 300g; portocale 200g; rasol pulpe pui 240g(155pp); supa zarzavat 300ml(al.glut);	Ceai fara zahar,300ml;	corn 1buc 100g(al.glut.); laurt,140gr(al-lapte); Mancare de cartofi regim 300g; Paine cu sare 100g(al- gluten); rasol pulpe sup pui200g(140gpp);	
HIPERCALORIC	corn 1buc 100g(al.glut.); Gem,20gr; paine cu sare 60g; Salam 50g; sana 330(al.lapte); unt,10gr(al-lapte);	branza topita 2 cub(al.lapte);	Ciorba legume,300ml(al-gluten,telina); fript.pulpe pui 240g(155pp); paine cu sare 200 g(al-gluten); pilaf cu legume mexicane 300g; portocale 200g;	corn 1buc 100g(al.glut.); laurt,140gr(al-lapte);	branza cu smantana 1cut(al.lapte)180g; mancare de cartofi 300g; Paine cu sare 100g(al-gluten); rasol pulpe sup pui200g(140gpp);	
Hipocaloric	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 40g; sunca 100g;	laurt,140gr(al-lapte);	Ciorba legume,300ml(al-gluten,telina); paine cu sare 60g; portocale 200g; rasol pulpe pui 240g(155pp); Sote de fasole verde,200gr;	laurt,140gr(al-lapte);	cartofi natur 200g; friptura pulpe sup pui 200g(140gpp);	
Speciali	corn 1buc 100g(al.glut.); Gem 40g(2buc); paine cu sare 60g; sana 330(al.lapte); unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	Ciorba legume,300ml(al-gluten,telina); paine cu sare 200 g(al-gluten); Pilaf 300g; portocale 200g; rasol pulpe pui 240g(155pp);	Ceai fara zahar,300ml;	branza cu smantana 1cut(al.lapte)180g; Mancare de cartofi regim 300g; Paine cu sare 100g(al- gluten); rasol pulpe sup pui200g(140gpp);	

Meniul zilei 22.05.2026

Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina	Supliment ora 21
COMUN	cascaval,50gr(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine cu sare 80g; unt,10gr(al-lapte);	ceai hidratate 300ml;	carnati cabanos 80g 2buc; Ciorba taraneasca pui(al.telina),300ml,90g; Mancare fasole alba 300g; paine cu sare 200 g(al-gluten); portocale 200g;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Macaronada cu carne si sos 300g(al-gluten); Paine cu sare 100g(al- gluten);	
Cardiac	Branza vaci 100 g(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine fara sare 80g; unt,10gr(al-lapte);	ceai hidratate 300ml;	Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); portocale 200g; rasol pulpe sup pui200g(140gpp); supa cu carne pui,300ml,120g(85pp)(al.telina);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); Paine fara sare 100g(al-gluten); paste albe,300gr(al-gluten); rasol pulpe sup180g;	
Diabet colita	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g;	branza topita 2 cub(al.lapte);	mar copt200gr; paine fara sare60g; pilaf 200g; rasol pulpe sup pui200g(140gpp); supa alba cu carne pui,300ml;	sunca 100g;	branza topita 2 cub(al.lapte); mar copt200gr; paine fara sare 40g; paste 100g; Rasol pulpe pui220gr(155gpp);	
Diabet Hepatic	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	friptura pulpe sup pui 200g(140gpp); paine cu sare 60g; portocale 200g; Spanac cu sos,200gr; supa cu carne pui,300ml,120g(85pp)(al.telina);	laurt,140gr(al-lapte);	branza topita 2 cub(al.lapte); laurt,140gr(al-lapte); paine cu sare 60g; rasol pulpe pui200g(140gpp); Sote de fasole verde,200gr;	
Diabet Card	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	mincare de varza 300g; paine fara sare60g; portocale 200g; rasol pulpe sup pui200g(140gpp); supa cu carne pui,300ml,120g(85pp)(al.telina);	laurt,140gr(al-lapte);	Branza vaci 100 g(al-lapte); laurt,140gr(al-lapte); paine fara sare60g; rasol pulpe pui200g(140gpp); Sote de fasole verde,200gr;	
Diabet	cascaval 100g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	Ciorba taraneasca pui(al.telina),300ml,90g; friptura pulpe sup pui 200g(140gpp); mincare de varza 300g; paine cu sare 60g; portocale 200g;	carnati cabanos 80g 2buc;	branza topita 2 cub(al.lapte); laurt,140gr(al-lapte); paine cu sare 60g; rasol pulpe pui200g(140gpp); Sote de fasole verde,200gr;	
Diabet Insulina	cascaval 100g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	Ciorba taraneasca pui(al.telina),300ml,90g; friptura pulpe sup pui 200g(140gpp); mincare de varza 300g; paine cu sare 60g; portocale 200g;	carnati cabanos 80g 2buc;	branza topita 2 cub(al.lapte); laurt,140gr(al-lapte); paine cu sare 60g; rasol pulpe pui200g(140gpp); Sote de fasole verde,200gr;	sana 330(al.lapte);
Gastric	cascaval,50gr(al-lapte); Ceai,300ml; Ou fiert 1buc; paine fara sare 80g; unt 2buc(20g)al.lapte);	ceai hidratate 300ml;	mar copt200gr; Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); rasol pulpe sup pui200g(140gpp); supa alba cu carne pui,300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Paine fara sare 100g(al-gluten); paste albe,300gr(al-gluten); rasol pulpe sup180g;	
Gavaj	Gavaj;				Gavaj;	
Hepatic	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g;	ceai hidratate 300ml;	paine cu sare 200 g(al-gluten); Piure din fulgi 300g(al.lapte); portocale 200g; rasol pulpe sup pui200g(140gpp); supa cu carne pui,300ml,120g(85pp)(al.telina);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Paine cu sare 100g(al- gluten); paste albe,300gr(al-gluten); rasol pulpe sup180g;	
HIPERCALORIC	cascaval,50gr(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine cu sare 80g; unt,10gr(al-lapte);	Napolitane 35gr(al-gluten,soia,lpt, alune); sana 330(al.lapte);	Ciorba taraneasca pui(al.telina),300ml,90g; Mancare fasole alba 300g; paine cu sare 200 g(al-gluten); portocale 200g; rasol pulpe sup pui200g(140gpp);	branza cu smantana 1cut(al.lapte) 180g;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Macaronada cu carne si sos 300g(al-gluten); Paine cu sare 100g(al- gluten);	
Hipocaloric	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare 40g;	laurt,140gr(al-lapte);	mincare de varza 300g; paine fara sare 40g; portocale 200g; rasol pulpe sup pui200g(140gpp); supa cu carne pui,300ml,120g(85pp)(al.telina);	laurt,140gr(al-lapte);	paine fara sare 40g; rasol pulpe pui200g(140gpp); Sote de fasole verde,200gr;	
Speciali	cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; unt 2buc(20g)al.lapte);	ceai hidratate 300ml;	Ciorba taraneasca pui(al.telina),300ml,90g; Mancare fasole alba 300g; paine cu sare 200 g(al-gluten); portocale 200g; rasol pulpe sup pui200g(140gpp);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Macaronada cu carne si sos 300g(al-gluten); Paine cu sare 100g(al- gluten);	

MENIUL ZILEI 23.05.2026

Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina
COMUN	orez cu lapte,300gr(al-lapte); paine cu sare 60g; sunca 100g;	ceai hidratare 300ml;	fript.pulpe pui 240g(155pp); Gulas 300g; paine cu sare 200 g(al-gluten); portocale 200g; supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	cascaval,50gr(al-lapte); friptura pulpe sup pui 200g(140gpp); mancare spanac 300g; Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al- gluten);
Cardiac	Gem 40g(2buc); orez cu lapte,300gr(al-lapte); paine fara sare60g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	Cartofi natur,300gr; Paine fara sare 200g(al-gluten); portocale 200g; rasol pulpe pui 240g(155pp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine fara sare 100g(al-gluten); rasol pulpe sup pui200g(140gpp); Sote de fasole verde,200gr;
Diabet colita	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai fara zahar,300ml; paine fara sare60g; sunca 100g;	branza topita 2 cub(al.lapte);	mar copt200gr; paine fara sare60g; pilaf 200g; rasol pulpe pui 240g(155pp); supa alba de legume 300ml(al.glut.);	Branza vaci 100 g(al-lapte);	cascaval,50gr(al-lapte); mar copt200gr; paine fara sare 40g; paste 100g; rasol pulpe sup pui200g(140gpp);
Diabet Hepatic	branza topita 2 cub(al.lapte); Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	fript.pulpe pui 240g(155pp); paine cu sare 60g; pilaf 200g; portocale 200g; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	cascaval,50gr(al-lapte); laurt,140gr(al-lapte); paine cu sare 60g; rasol pulpe sup pui200g(140gpp); Spanac cu sos,200gr;
Diabet Card	branza vaci 150gr(al.lapte); Ceai fara zahar,300ml; paine fara sare60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	fript.pulpe pui 240g(155pp); paine fara sare60g; pilaf 200g; portocale 200g; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	Branza vaci 100 g(al-lapte); laurt,140gr(al-lapte); paine fara sare60g; rasol pulpe sup pui200g(140gpp); Spanac cu sos,200gr;
Diabet	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; sunca 100g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	fript.pulpe pui 240g(155pp); paine cu sare 60g; pilaf 200g; portocale 200g; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	cascaval,50gr(al-lapte); laurt,140gr(al-lapte); paine cu sare 60g; rasol pulpe sup pui200g(140gpp); Spanac cu sos,200gr;
Gastric	cascaval 100g(al-lapte); orez cu lapte,300gr(al-lapte); paine fara sare60g;	ceai hidratare 300ml;	Cartofi natur,300gr; mar copt200gr; Paine fara sare 200g(al-gluten); rasol pulpe pui 240g(155pp); supa alba de legume 300ml(al.glut.);	Ceai fara zahar,300ml;	laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine fara sare 100g(al-gluten); paste albe,300gr(al-gluten); rasol pulpe sup pui200g(140gpp);
Gavaj	Gavaj;				Gavaj;
Hepatic	cascaval 100g(al-lapte); orez cu lapte,300gr(al-lapte); paine cu sare 60g;	ceai hidratare 300ml;	Cartofi natur,300gr; paine cu sare 200 g(al-gluten); portocale 200g; rasol pulpe pui 240g(155pp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	friptura pulpe sup pui 200g(140gpp); laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al-gluten); Sote de fasole verde,200gr;
HIPERCALORIC	orez cu lapte,300gr(al-lapte); paine cu sare 60g; sunca 100g;	biscuiti 70gr(alergen gluten); sana 330(al.lapte);	fript.pulpe pui 240g(155pp); Gulas 300g; paine cu sare 200 g(al-gluten); portocale 200g; supa cu fidea(al.glut.,telina)300ml;	branza cu smantana 1cut(al.lapte)180g;	cascaval,50gr(al-lapte); friptura pulpe sup pui 200g(140gpp); mancare spanac 300g; Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al- gluten);
Hipocaloric	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine fara sare 40g; sunca 100g;	laurt,140gr(al-lapte);	paine fara sare 40g; pilaf 200g; portocale 200g; rasol pulpe pui 240g(155pp); supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	paine fara sare 40g; rasol pulpe sup pui200g(140gpp); Spanac cu sos,200gr;
Speciali	Gem 40g(2buc); orez cu lapte,300gr(al-lapte); paine cu sare 60g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	Gulas 300g; paine cu sare 200 g(al-gluten); portocale 200g; rasol pulpe pui 240g(155pp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); cascaval,50gr(al-lapte); friptura pulpe sup pui 200g(140gpp); mancare spanac 300g; Paine cu sare 100g(al- gluten);

MENIUL ZILEI 24.05.2026

Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina
COMUN	branza cu smantana 1cut(al.lapte)180g; Ceai,300ml; Gem,20gr; paine cu sare 80g; unt,10gr(al-lapte);	ceai hidratate 300ml;	Ciorba taraneasca pui(al.telina),300ml,90g; Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); Piure din fulgi 300g(al.lapte); portocale 200g;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); macaroane cu telemea si branza 300g(al-gluten,lapt; paine cu sare 40g; sunca 50g;
Cardiac	branza cu smantana 1cut(al.lapte)180g; Ceai,300ml; Gem,20gr; paine fara sare 80g; unt,10gr(al-lapte);	ceai hidratate 300ml;	Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); portocale 200g; Rasol pulpe pui220gr(155gpp); supa cu carne pui,300ml,120g(85pp)(al.telina);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);
Diabet colita	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 60g;	branza topita 2 cub(al.lapte);	Friptura pulpe pui,220gr(155g pp); mar copt200gr; paine cu sare 80g; Sote de fasole verde,200gr; supa cu carne pui,300ml,120g(85pp)(al.telina);	telemea 100gr;	mar copt200gr; paine cu sare 40g; pilaf 200g; rasol pulpe sup pui200g(140gpp); sunca 50g;
Diabet Hepatic	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); paine cu sare 80g; portocale 200g; Sote de fasole verde,200gr; supa cu carne pui,300ml,120g(85pp)(al.telina);	branza topita 2 cub(al.lapte);	Branza vaci 100 g(al-lapte); laurt,140gr(al-lapte); paine cu sare 40g; pilaf 200g; rasol pulpe sup pui200g(140gpp);
Diabet Card	branza cu smantana 1cut(al.lapte)180g; Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g; unt,10gr(al-lapte);	laurt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); paine fara sare 80g; portocale 200g; Sote de fasole verde,200gr; supa cu carne pui,300ml,120g(85pp)(al.telina);	laurt,140gr(al-lapte);	Branza vaci 100 g(al-lapte); laurt,140gr(al-lapte); paine cu sare 40g; pilaf 200g; rasol pulpe sup pui200g(140gpp);
Diabet	branza cu smantana 1cut(al.lapte)180g; Ceai fara zahar,300ml; paine cu sare 60g; salam 100g;	laurt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); paine cu sare 80g; portocale 200g; Sote de fasole verde,200gr; supa cu carne pui,300ml,120g(85pp)(al.telina);	telemea 100gr;	laurt,140gr(al-lapte); paine cu sare 40g; pilaf 200g; rasol pulpe sup pui200g(140gpp); sunca 50g;
Gastric	branza cu smantana 1cut(al.lapte)180g; Ceai,300ml; Ou fiert 1buc; paine fara sare 80g; unt,10gr(al-lapte);	ceai hidratate 300ml;	mar copt200gr; Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); Rasol pulpe pui220gr(155gpp); supa alba cu carne pui,300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);
Gavaj	Gavaj;				Gavaj;
Hepatic	branza topita 2 cub(al.lapte); cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g;	ceai hidratate 300ml;	Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); portocale 200g; Rasol pulpe pui220gr(155gpp); supa cu carne pui,300ml,120g(85pp)(al.telina);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);
HIPERCALORIC	branza cu smantana 1cut(al.lapte)180g; Ceai,300ml; Gem,20gr; paine cu sare 80g; unt,10gr(al-lapte);	cascaval 100g(al-lapte);	Ciorba taraneasca pui(al.telina),300ml,90g; Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); Piure din fulgi 300g(al.lapte); portocale 200g;	laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,al un);	biscuiti 70gr(alergen gluten); macaroane cu telemea si branza 300g(al-gluten,lapt; paine cu sare 40g; sunca 50g;
Hipocaloric	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 40g;	laurt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); paine cu sare 60g; portocale 200g; Sote de fasole verde,200gr; supa cu carne pui,300ml,120g(85pp)(al.telina);	laurt,140gr(al-lapte);	pilaf 200g; rasol pulpe sup pui200g(140gpp);
Speciali	branza cu smantana 1cut(al.lapte)180g; Ceai,300ml; Gem,20gr; paine cu sare 80g; unt,10gr(al-lapte);	ceai hidratate 300ml;	Ciorba taraneasca pui(al.telina),300ml,90g; Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); Piure din fulgi 300g(al.lapte); portocale 200g;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);