

MENIUL ZILEI 28.12.2025

Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina
COMUN	orez cu lapte,300gr(al-lapte); paine cu sare 60g; sunca 100g;	ceai hidratate 300ml;	Cartofi natur,300gr; ciorba cu zdrente ou 300ml(al.telina,ou,glut.); friptura pulpe pui200g(140gpp); mere,200gr; paine cu sare 200 g(al-gluten);	Ceai fara zahar,300ml;	cascaval,50gr(al-lapte); friptura pulpe sup pui 200g(140gpp); mancare de fasole verde 300g(al- gluten); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al- gluten);
Copii 3-16 ani	orez cu lapte,300gr(al-lapte); paine cu sare 60g; sunca 100g;	ceai hidratate 300ml;	Cartofi natur,300gr; ciorba cu zdrente ou 300ml(al.telina,ou,glut.); friptura pulpe pui200g(140gpp); mere,200gr; paine cu sare 200 g(al-gluten);	Ceai fara zahar,300ml;	cascaval,50gr(al-lapte); friptura pulpe sup pui 200g(140gpp); mancare de fasole verde 300g(al- gluten); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al- gluten);
Cardiac	Gem 40g(2buc); orez cu lapte,300gr(al-lapte); paine fara sare60g; unt 2buc(20g)al.lapte);	ceai hidratate 300ml;	Cartofi natur,300gr; mere,200gr; Paine fara sare 200g(al-gluten); rasol pulpe pui200g(140gpp); Supa cu zdrente ou,300ml(al.glt,ou,tel);	Ceai fara zahar,300ml;	laurt,140gr(al-lapte); Napolitane 35gr(al- gluten,soia,lpt,alune); Paine fara sare 100g(al- gluten); rasol pulpe sup pui200g(140gpp); Sote de fasole verde,200gr;
Colita	branza topita 2 cub(al.lapte); Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; paine cu sare 80g;	ceai hidratate 300ml;	mar copt200gr; paine cu sare 200 g(al- gluten); Pilaf 300g; rasol pulpe pui200g(140gpp); Supa alba cu zdrente ou ,300ml(al.glt,ou);	Ceai fara zahar,300ml;	covrigei ; Paine cu sare 100g(al- gluten); paste albe,300gr(al-gluten); rasol pulpe sup pui200g(140gpp);
Diabet colita	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 60g; sunca 100g;	branza topita 2 cub(al.lapte);	mar copt200gr; paine cu sare 40g; pilaf 200g; rasol pulpe pui200g(140gpp); Supa alba cu zdrente ou ,300ml(al.glt,ou);	Branza vaci 100 g(al-lapte);	cascaval,50gr(al-lapte); mar copt200gr; paine cu sare 60g; rasol pulpe sup pui200g(140gpp); Sote de fasole verde,200gr;
Diabet Hepatic	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	cartofi natur 200g; mere,200gr; paine cu sare 40g; rasol pulpe pui200g(140gpp); Supa cu zdrente ou,300ml(al.glt,ou,tel);	laurt,140gr(al- lapte);	cascaval,50gr(al-lapte); laurt,140gr(al-lapte); paine cu sare 60g; rasol pulpe sup pui200g(140gpp); Sote de fasole verde,200gr;
Diabet Card	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	cartofi natur 200g; mere,200gr; paine fara sare 40g; rasol pulpe pui200g(140gpp); Supa cu zdrente ou,300ml(al.glt,ou,tel);	laurt,140gr(al- lapte);	Branza vaci 100 g(al-lapte); laurt,140gr(al-lapte); paine fara sare60g; rasol pulpe sup pui200g(140gpp); Sote de fasole verde,200gr;
Diabet	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; sunca 100g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	cartofi natur 200g; ciorba cu zdrente ou 300ml(al.telina,ou,glut.); mere,200gr; paine cu sare 40g; rasol pulpe pui200g(140gpp);	laurt,140gr(al- lapte);	cascaval,50gr(al-lapte); laurt,140gr(al-lapte); paine cu sare 60g; rasol pulpe sup pui200g(140gpp); Sote de fasole verde,200gr;
Gastric	branza topita 2 cub(al.lapte); orez cu lapte,300gr(al-lapte); paine fara sare60g; unt 2buc(20g)al.lapte);	ceai hidratate 300ml;	Cartofi natur,300gr; mere,200gr; Paine fara sare 200g(al-gluten); rasol pulpe pui200g(140gpp); Supa alba cu zdrente ou ,300ml(al.glt,ou);	Ceai fara zahar,300ml;	laurt,140gr(al-lapte); Napolitane 35gr(al- gluten,soia,lpt,alune); Paine fara sare 100g(al- gluten); paste albe,300gr(al-gluten); rasol pulpe sup pui200g(140gpp);
Hepatic	branza topita 2 cub(al.lapte); Gem 40g(2buc); orez cu lapte,300gr(al-lapte); paine fara sare60g;	ceai hidratate 300ml;	Cartofi natur,300gr; mere,200gr; Paine fara sare 200g(al-gluten); rasol pulpe pui200g(140gpp); Supa cu zdrente ou,300ml(al.glt,ou,tel);	Ceai fara zahar,300ml;	laurt,140gr(al-lapte); Napolitane 35gr(al- gluten,soia,lpt,alune); Paine fara sare 100g(al- gluten); rasol pulpe sup pui200g(140gpp); Sote de fasole verde,200gr;
HIPERCALORIC	orez cu lapte,300gr(al-lapte); paine cu sare 60g; sunca 100g;	branza cu smantana 1cut(al.lapte)1 80g;	Cartofi natur,300gr; ciorba cu zdrente ou 300ml(al.telina,ou,glut.); friptura pulpe pui200g(140gpp); mere,200gr; paine cu sare 200 g(al-gluten);	croissant,100gr(al- gluten,soia,alune); laurt,140gr(al- lapte);	cascaval,50gr(al-lapte); friptura pulpe sup pui 200g(140gpp); mancare de fasole verde 300g(al- gluten); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al- gluten);
Hipocaloric	Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 40g; sunca 100g;	laurt,140gr(al- lapte);	ciorba cu zdrente ou 300ml(al.telina,ou,glut.); mere,200gr; paine cu sare 40g; rasol pulpe pui200g(140gpp); sote legume mexicane 200g;	laurt,140gr(al- lapte);	paine cu sare 40g; rasol pulpe sup pui200g(140gpp); Sote de fasole verde,200gr;
Renal	Gem 40g(2buc); orez cu lapte,300gr(al-lapte); paine fara sare60g; unt 2buc(20g)al.lapte);	ceai hidratate 300ml;	Cartofi natur,300gr; mere,200gr; Paine fara sare 200g(al-gluten); rasol pulpe pui200g(140gpp); Supa cu zdrente ou,300ml(al.glt,ou,tel);	Ceai fara zahar,300ml;	Gem 40g(2buc); laurt,140gr(al-lapte); Paine fara sare 100g(al-gluten); Sote de fasole verde,200gr;
Speciali	Gem 40g(2buc); orez cu lapte,300gr(al-lapte); paine cu sare 60g; unt 2buc(20g)al.lapte);	ceai hidratate 300ml;	ciorba cu zdrente ou 300ml(al.telina,ou,glut.); friptura pulpe pui200g(140gpp); mere,200gr; paine cu sare 200 g(al-gluten); Piure din cartofi 300g;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); cascaval,50gr(al- lapte); friptura pulpe sup pui 200g(140gpp); mancare de fasole verde 300g(al-gluten); Paine cu sare 100g(al- gluten);

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Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina
COMUN	Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; Salam 50g; unt 2buc(20g)(al.lapte);	ceai hidratare 300ml;	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 200 g(al-gluten); pilaf cu legume mexicane 300g; supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); Macaroane cu telemea 300g(al-gluten,lapte); paine cu sare 40g; sunca 50g;
Copii 3-16 ani	Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; Salam 50g; unt 2buc(20g)(al.lapte);	ceai hidratare 300ml;	cozonac 100gr; Friptura pulpe pui,220gr(155g pp); paine cu sare 200 g(al-gluten); pilaf cu legume mexicane 300g; supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); Macaroane cu telemea 300g(al-gluten,lapte); paine cu sare 40g; sunca 50g;
Cardiac	Branza vaci 100 g(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g; unt 2buc(20g)(al.lapte);	ceai hidratare 300ml;	cozonac 100gr; Paine fara sare 200g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);
Colita	branza topita 2 cub(al.lapte); Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); ceai plante 300ml; paine cu sare 80g;	ceai hidratare 300ml;	mar copt200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); supa alba de legume 300ml(al.glut.);	Ceai fara zahar,300ml;	covrigei ; mar copt200gr; paste cu branza vaci 300g(al-gluten,lapte);
Diabet colita	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; sunca 50g;	sunca 100g;	mar copt200gr; paine cu sare 40g; pilaf 200g; Rasol pulpe pui220gr(155gpp); supa de legume,300ml(al.telina);	branza topita 2 cub(al.lapte);	mar copt200gr; paine cu sare 60g; paste 100g; rasol pulpe pui200g(140gpp); sunca 50g;
Diabet Hepatic	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)(al.lapte);	sana 330(al.lapte);	mere,200gr; paine cu sare 40g; pilaf 200g; Rasol pulpe pui220gr(155gpp); supa de legume,300ml(al.telina);	branza topita 2 cub(al.lapte);	Branza vaci 100 g(al-lapte); laurt,140gr(al-lapte); paine cu sare 60g; rasol pulpe pui200g(140gpp); Spanac cu sos,200gr;
Diabet Card	branza cu smantana 1cut(al.lapte)180g; Ceai fara zahar,300ml; paine fara sare60g; unt 2buc(20g)(al.lapte);	sana 330(al.lapte);	mere,200gr; paine fara sare 40g; pilaf 200g; Rasol pulpe pui220gr(155gpp); supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	Branza vaci 100 g(al-lapte); laurt,140gr(al-lapte); paine fara sare60g; rasol pulpe pui200g(140gpp); Spanac cu sos,200gr; sunca 50g;
Diabet	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; salam 100g; unt 2buc(20g)(al.lapte);	sana 330(al.lapte);	mere,200gr; paine cu sare 40g; pilaf 200g; Rasol pulpe pui220gr(155gpp); supa de legume,300ml(al.telina);	branza topita 2 cub(al.lapte);	laurt,140gr(al-lapte); paine cu sare 60g; rasol pulpe pui200g(140gpp); Spanac cu sos,200gr; sunca 50g;
Gastric	branza topita 2 cub(al.lapte); Branza vaci 100 g(al-lapte); Ceai,300ml; paine fara sare 80g; unt 2buc(20g)(al.lapte);		mar copt200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); supa alba de legume 300ml(al.glut.);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);
Hepatic	branza topita 2 cub(al.lapte); Branza vaci 100 g(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g;	ceai hidratare 300ml;	cozonac 100gr; Paine fara sare 200g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);
HIPERCALORIC	Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; Salam 50g; unt 2buc(20g)(al.lapte);	cascaval 100g(al-lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 200 g(al-gluten); pilaf cu legume mexicane 300g; supa cu fidea(al.glut.,telina)300ml;	branza topita 2 cub(al.lapte); miniprajitura;	biscuiti 70gr(alergen gluten); Macaroane cu telemea 300g(al-gluten,lapte); paine cu sare 40g; sunca 50g;
Hipocaloric	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 40g; sunca 100g;	laurt,140gr(al-lapte);	mere,200gr; paine cu sare 40g; pilaf 200g; Rasol pulpe pui220gr(155gpp); supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	paine cu sare 40g; rasol pulpe pui200g(140gpp); Spanac cu sos,200gr;
Renal	Branza vaci 100 g(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g; unt 2buc(20g)(al.lapte);	ceai hidratare 300ml;	mere,200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	Gem 40g(2buc); mere,200gr; paine fara sare 40g; paste cu branza vaci 300g(al-gluten,lapte);
Speciali	Branza vaci 100 g(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g; unt 2buc(20g)(al.lapte);	ceai hidratare 300ml;	cozonac 100gr; paine cu sare 200 g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);

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Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina
COMUN	cascaval,50gr(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine cu sare 80g; unt, 10gr(al-lapte);	ceai hidratare 300ml;	ciorba cu zdrete ou 300ml(al.telina,ou,glut.); cozonac 100gr; Friptura porc cu sos si piure150g/300g(al-lpt); paine cu sare 200 g(al-gluten);	Ceai fara zahar,300ml;	branza topita 2 cub(al.lapte); Friptura pulpe pui 180g(125gpp); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al-gluten); paste cu sos de rosii,300gr(al-gluten);
Copii 3-16 ani	Banane 250gr; cascaval,50gr(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine cu sare 80g; unt, 10gr(al-lapte);	ceai hidratare 300ml;	ciorba cu zdrete ou 300ml(al.telina,ou,glut.); cozonac 100gr; Friptura porc cu sos si piure150g/300g(al-lpt); paine cu sare 200 g(al-gluten);	Ceai fara zahar,300ml;	branza topita 2 cub(al.lapte); Friptura pulpe pui 180g(125gpp); Paine cu sare 100g(al-gluten); paste cu sos de rosii,300gr(al-gluten); portocale 200g;
Cardiac	Branza vaci 100 g(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine fara sare 80g; unt,10gr(al-lapte);	ceai hidratare 300ml;	Cartofi natur,300gr; cozonac 100gr; Paine fara sare 200g(al-gluten); Rasol pulpe pui220gr(155gpp); Supa cu zdrete ou,300ml(al.glt,ou,tel);	Ceai fara zahar,300ml;	laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine fara sare 100g(al-gluten); paste albe,300gr(al-gluten); Rasol pulpe pui 180g(125gpp);
Colita	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; Ou fiert 1buc; paine cu sare 80g;	ceai hidratare 300ml;	mar copt200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); Supa alba cu zdrete ou ,300ml(al.glt,ou);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Paine cu sare 100g(al-gluten); paste albe,300gr(al-gluten); Rasol pulpe pui 180g(125gpp);
Diabet colita	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g;	sunca 100g;	mar copt200gr; paine fara sare 40g; pilaf 200g; Rasol pulpe pui220gr(155gpp); Supa alba cu zdrete ou ,300ml(al.glt,ou);	Branza vaci 100 g(al-lapte);	branza topita 2 cub(al.lapte); mar copt200gr; paine fara sare60g; Rasol pulpe pui 180g(125gpp); Sote de fasole verde,200gr;
Diabet Hepatic	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 80g; Spanac cu sos,200gr; Supa cu zdrete ou,300ml(al.glt,ou,tel);	laurt,140gr(al-lapte);	branza topita 2 cub(al.lapte); Friptura pulpe pui 180g(125gpp); laurt,140gr(al-lapte); paine cu sare 60g; Sote de fasole verde,200gr;
Diabet Card	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	mere,200gr; paine fara sare 80g; Rasol pulpa porc 150g; Spanac cu sos,200gr; Supa cu zdrete ou,300ml(al.glt,ou,tel);	laurt,140gr(al-lapte);	Branza vaci 100 g(al-lapte); Friptura pulpe pui 180g(125gpp); laurt,140gr(al-lapte); paine fara sare60g; Sote de fasole verde,200gr;
Diabet	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 60g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	ciorba cu zdrete ou 300ml(al.telina,ou,glut.); Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 80g; Spanac cu sos,200gr;	carnati cabanos 80g 2buc;	branza topita 2 cub(al.lapte); Friptura pulpe pui 180g(125gpp); laurt,140gr(al-lapte); paine cu sare 60g; Sote de fasole verde,200gr;
Gastric	cascaval,50gr(al-lapte); Ceai,300ml; Ou fiert 1buc; paine fara sare 80g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	Cartofi natur,300gr; cozonac 100gr; Paine fara sare 200g(al-gluten); Rasol pulpe pui220gr(155gpp); Supa alba cu zdrete ou ,300ml(al.glt,ou);	Ceai fara zahar,300ml;	branza topita 2 cub(al.lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine fara sare 100g(al-gluten); paste albe,300gr(al-gluten); Rasol pulpe pui 180g(125gpp);
Hepatic	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g;	ceai hidratare 300ml;	Cartofi natur,300gr; cozonac 100gr; Paine fara sare 200g(al-gluten); Rasol pulpe pui220gr(155gpp); Supa cu zdrete ou,300ml(al.glt,ou,tel);	Ceai fara zahar,300ml;	branza topita 2 cub(al.lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine fara sare 100g(al-gluten); paste albe,300gr(al-gluten); Rasol pulpe pui 180g(125gpp);
HIPERCALORIC	cascaval,50gr(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine cu sare 80g; unt, 10gr(al-lapte);	croissant,100gr (al-gluten,soia,alune); laurt,140gr(al-lapte);	ciorba cu zdrete ou 300ml(al.telina,ou,glut.); cozonac 100gr; Friptura porc cu sos si piure150g/300g(al-lpt); paine cu sare 200 g(al-gluten);	carnati cabanos 80g 2buc;	branza topita 2 cub(al.lapte); Friptura pulpe pui 180g(125gpp); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al-gluten); paste cu sos de rosii,300gr(al-gluten);
Hipocaloric	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 40g;	laurt,140gr(al-lapte);	ciorba cu zdrete ou 300ml(al.telina,ou,glut.); Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 60g; Spanac cu sos,200gr;	laurt,140gr(al-lapte);	Friptura pulpe pui 180g(125gpp); paine cu sare 40g; Sote de fasole verde,200gr;
Renal	Branza vaci 100 g(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine fara sare 80g; unt,10gr(al-lapte);	ceai hidratare 300ml;	Cartofi natur,300gr; mere,200gr; Paine fara sare 200g(al-gluten); Rasol pulpe pui220gr(155gpp); Supa cu zdrete ou,300ml(al.glt,ou,tel);	Ceai fara zahar,300ml;	Gem,20gr; mere,200gr; Paine fara sare 100g(al-gluten); paste cu sos de rosii,300gr(al-gluten);
Speciali	cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	ciorba cu zdrete ou 300ml(al.telina,ou,glut.); cozonac 100gr; paine cu sare 200 g(al-gluten); Piure din fulgi 300g(al.lapte); Rasol pulpe pui220gr(155gpp);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Friptura pulpe pui 180g(125gpp); Paine cu sare 100g(al-gluten); paste cu sos de rosii,300gr(al-gluten);

MENIUL ZILEI 25.12.2025

Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina
COMUN	branza cu smantana 1cut(al.lapte)180g; ceai plante 300ml; paine cu sare 80g; Salam 50g;	Ceai de hidratare 300ml;	cozonac 100gr; paine cu sare 200 g(al-gluten); supa cu aripi pui(al.tel.glut)300ml,90(60pp)g; Varza cu pulpa dezosata porc 300g/150g;	Ceai fara zahar,300ml;	branza topita 2 cub(al.lapte); friptura pulpe pui200g(140gpp); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al- gluten); Pilaf 300g;
Copii 3-16 ani	branza cu smantana 1cut(al.lapte)180g; ceai plante 300ml; pachet dulciuri(ban.,port.,suc,croiss.,minip.,covr; paine cu sare 80g; Salam 50g;	Ceai de hidratare 300ml;	cozonac 100gr; paine cu sare 200 g(al-gluten); supa cu aripi pui(al.tel.glut)300ml,90(60pp)g; Varza cu pulpa dezosata porc 300g/150g;	Ceai fara zahar,300ml;	branza topita 2 cub(al.lapte); friptura pulpe pui200g(140gpp); mere,200gr; Paine cu sare 100g(al- gluten); Pilaf 300g;
Cardiac	branza cu smantana 1cut(al.lapte)180g; ceai plante 300ml; Gem,20gr; paine fara sare 80g; unt,10gr(al.lapte);	Ceai de hidratare 300ml;	cozonac 100gr; Friptura pulpe pui,220gr(155g pp); Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); supa cu aripi pui(al.tel.glut)300ml,90(60pp)g;	Ceai fara zahar,300ml;	laurt,140gr(al.lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine fara sare 100g(al-gluten); Pilaf 300g; rasol pulpe pui200g(140gpp);
Colita	Branza vaci 100 g(al.lapte); cascaval,50gr(al.lapte); ceai plante 300ml; paine cu sare 80g; sunca 50g;	Ceai de hidratare 300ml;	Chec; paine cu sare 200 g(al-gluten); paste albe,300gr(al-gluten); Rasol pulpe pui220gr(155gpp); supa alba cu aripi pui,300ml,90g;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Paine cu sare 100g(al-gluten); Pilaf 300g; rasol pulpe pui200g(140gpp);
Diabet colita	Branza vaci 100 g(al.lapte); cascaval,50gr(al.lapte); Ceai fara zahar,300ml; paine cu sare 60g; sunca 100g;	cascaval 100g(al.lapte);	mar copt200gr; paine cu sare 60g; paste 100g; Rasol pulpe pui220gr(155gpp); supa cu aripi pui(al.tel.glut)300ml,90(60pp)g;	Branza vaci 100 g(al.lapte);	branza topita 2 cub(al.lapte); mar copt200gr; paine cu sare 40g; pilaf 200g; rasol pulpe pui200g(140gpp);
Diabet Hepatic	Branza vaci 100 g(al.lapte); cascaval 100g(al.lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 80g; Sote de fasole verde,200gr; supa cu aripi pui(al.tel.glut)300ml,90(60pp)g;	laurt,140gr(al.lapte);	branza topita 2 cub(al.lapte); mere,200gr; paine cu sare 40g; pilaf 200g; rasol pulpe pui200g(140gpp);
Diabet Card	branza cu smantana 1cut(al.lapte)180g; Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g;	sana 330(al.lapte);	mere,200gr; paine fara sare 80g; supa cu aripi pui(al.tel.glut)300ml,90(60pp)g; Varza cu pulpa dezosata porc 300g/150g;	laurt,140gr(al.lapte);	Branza vaci 100 g(al.lapte); mere,200gr; paine fara sare 40g; pilaf 200g; rasol pulpe pui200g(140gpp);
Diabet	branza cu smantana 1cut(al.lapte)180g; Ceai fara zahar,300ml; paine cu sare 60g; salam 100g;	sana 330(al.lapte);	mere,200gr; paine cu sare 80g; supa cu aripi pui(al.tel.glut)300ml,90(60pp)g; Varza cu pulpa dezosata porc 300g/150g;	laurt,140gr(al.lapte);	branza topita 2 cub(al.lapte); friptura pulpe pui200g(140gpp); mere,200gr; paine cu sare 40g; pilaf 200g;
Gastric	branza cu smantana 1cut(al.lapte)180g; cascaval,50gr(al.lapte); ceai plante 300ml; paine fara sare 80g;	Ceai de hidratare 300ml;	Chec; Friptura pulpe pui,220gr(155g pp); Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); supa alba cu aripi pui,300ml,90g;	Ceai fara zahar,300ml;	branza topita 2 cub(al.lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine fara sare 100g(al-gluten); Pilaf 300g; rasol pulpe pui200g(140gpp);
Hepatic	Branza vaci 100 g(al.lapte); cascaval,50gr(al.lapte); ceai plante 300ml; Gem 40g(2buc); paine fara sare 80g;	Ceai de hidratare 300ml;	cozonac 100gr; Friptura pulpe pui,220gr(155g pp); Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); supa cu aripi pui(al.tel.glut)300ml,90(60pp)g;	Ceai fara zahar,300ml;	branza topita 2 cub(al.lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine fara sare 100g(al-gluten); Pilaf 300g; rasol pulpe pui200g(140gpp);
HIPERCALORIC	branza cu smantana 1cut(al.lapte)180g; ceai plante 300ml; paine cu sare 80g; Salam 50g;	croissant,100gr(al-gluten,soia,alune); laurt,140gr(al.lapte);	cozonac 100gr; Friptura porc cu sos si piure150g/300g(al-lpt); paine cu sare 200 g(al-gluten); supa cu aripi pui(al.tel.glut)300ml,90(60pp)g;	cascaval 100g(al.lapte);	branza topita 2 cub(al.lapte); friptura pulpe pui200g(140gpp); Napolitane 35gr(al-gluten,soia,lpt,alune); Paine cu sare 100g(al- gluten); Pilaf 300g;
Hipocaloric	Branza vaci 100 g(al.lapte); Ceai fara zahar,300ml; paine cu sare 40g; sunca 100g;	laurt,140gr(al.lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; mincare de varza 300g; paine cu sare 60g; supa cu aripi pui(al.tel.glut)300ml,90(60pp)g;	laurt,140gr(al.lapte);	pilaf 200g; rasol pulpe pui200g(140gpp);
Renal	branza cu smantana 1cut(al.lapte)180g; ceai plante 300ml; Gem,20gr; paine fara sare 80g; unt,10gr(al.lapte);	Ceai de hidratare 300ml;	cozonac 100gr; Friptura pulpe pui,220gr(155g pp); Paine fara sare 200g(al-gluten); Piure din fulgi 300g(al.lapte); supa cu aripi pui(al.tel.glut)300ml,90(60pp)g;	Ceai fara zahar,300ml;	Gem 40g(2buc); mere,200gr; Paine fara sare 100g(al-gluten); Pilaf 300g;
Speciali	branza cu smantana 1cut(al.lapte)180g; ceai plante 300ml; Gem,20gr; paine fara sare 80g; unt,10gr(al.lapte);	Ceai de hidratare 300ml;	cozonac 100gr; paine cu sare 200 g(al-gluten); supa cu aripi pui(al.tel.glut)300ml,90(60pp)g; Varza cu pulpa dezosata porc 300g/150g;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Paine fara sare 100g(al-gluten); Pilaf 300g; rasol pulpe pui200g(140gpp);

Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina
COMUN	cascaval,50gr(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine cu sare 80g; unt,10gr(al-lapte);	ceai hidratate 300ml;	Cartofi natur,300gr; Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 200 g(al-gluten); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	Macaroane cu telemea 300g(al-gluten,lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; sunca 50g;
Copii 3-16 ani	cascaval,50gr(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine cu sare 80g; unt,10gr(al-lapte);	ceai hidratate 300ml;	Cartofi natur,300gr; Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 200 g(al-gluten); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	Macaroane cu telemea 300g(al-gluten,lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; sunca 50g;
Cardiac	Branza vaci 100 g(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine fara sare 80g; unt,10gr(al-lapte);	ceai hidratate 300ml;	Cartofi natur,300gr; mere,200gr; Paine fara sare 200g(al-gluten); Rasol pulpe pui220gr(155gpp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paste cu branza vaci 300g(al-gluten,lapte);
Colita	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); ceai plante 300ml; Ou fiert 1buc; paine cu sare 80g;	ceai hidratate 300ml;	mar copt200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); supa alba de legume 300ml(al.glut.);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); mar copt200gr; paste cu branza vaci 300g(al-gluten,lapte);
Diabet colita	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 60g;	sunca 100g;	Friptura pulpe pui,220gr(155g pp); mar copt200gr; paine cu sare 60g; pilaf 200g; supa de legume,300ml(al.telina);	branza topita 2 cub(al.lapte);	mar copt200gr; paine cu sare 60g; Rasol pulpe pui220gr(155gpp); Sote de fasole verde,200gr; sunca 50g;
Diabet Hepatic	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 80g; Spanac cu sos,200gr; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	branza topita 2 cub(al.lapte); laurt,140gr(al-lapte); paine cu sare 60g; Rasol pulpe pui220gr(155gpp); Sote de fasole verde,200gr;
Diabet Card	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine fara sare60g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine fara sare 80g; Spanac cu sos,200gr; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	Branza vaci 100 g(al-lapte); laurt,140gr(al-lapte); paine fara sare60g; Rasol pulpe pui220gr(155gpp); Sote de fasole verde,200gr;
Diabet	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 60g; unt 2buc(20g)al.lapte);	sana 330(al.lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 80g; Spanac cu sos,200gr; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	laurt,140gr(al-lapte); paine cu sare 60g; Rasol pulpe pui220gr(155gpp); Sote de fasole verde,200gr; sunca 50g;
Gastric	cascaval,50gr(al-lapte); Ceai,300ml; Ou fiert 1buc; paine fara sare 80g; unt 2buc(20g)al.lapte);	ceai hidratate 300ml;	Cartofi natur,300gr; mar copt200gr; Paine fara sare 200g(al-gluten); Rasol pulpe pui220gr(155gpp); supa alba de legume 300ml(al.glut.);	Ceai fara zahar,300ml;	laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paste cu branza vaci 300g(al-gluten,lapte);
Hepatic	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g;	ceai hidratate 300ml;	Cartofi natur,300gr; mere,200gr; Paine fara sare 200g(al-gluten); Rasol pulpe pui220gr(155gpp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	laurt,140gr(al-lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paste cu branza vaci 300g(al-gluten,lapte);
HIPERCALORIC	cascaval,50gr(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine cu sare 80g; unt,10gr(al-lapte);	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte);	Cartofi natur,300gr; Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 200 g(al-gluten); supa cu fidea(al.glut.,telina)300ml;	branza topita 2 cub(al.lapte);	Macaroane cu telemea 300g(al-gluten,lapte); Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; sunca 50g;
Hipocaloric	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; Ou fiert 1buc; paine cu sare 40g;	laurt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 60g; Spanac cu sos,200gr; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	paine cu sare 40g; Rasol pulpe pui220gr(155gpp); Sote de fasole verde,200gr;
Renal	Branza vaci 100 g(al-lapte); Ceai,300ml; Gem,20gr; Ou fiert 1buc; paine fara sare 80g; unt,10gr(al-lapte);	ceai hidratate 300ml;	Mancare de cartofi regim 300g; mere,200gr; Paine fara sare 200g(al-gluten); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	Gem 40g(2buc); mere,200gr; paste cu branza vaci 300g(al-gluten,lapte);
Speciali	cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; unt 2buc(20g)al.lapte);	ceai hidratate 300ml;	mere,200gr; Paine fara sare 200g(al-gluten); Piure din cartofi 300g; rasol pulpe sup pui200g(140gpp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte); paste cu branza vaci 300g(al-gluten,lapte);

Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina
COMUN	Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; Salam 50g;	ceai hidratare 300ml;	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); fript.pulpe sup 180g(125gpp); mancare de fasole verde 300g(al-gluten); Paine cu sare 100g(al-gluten);
Copii 3-16 ani	Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g; Salam 50g;	ceai hidratare 300ml;	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); fript.pulpe sup 180g(125gpp); mancare de fasole verde 300g(al-gluten); Paine cu sare 100g(al-gluten);
Cardiac	Gem 40g(2buc); Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine fara sare 40g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	mere,200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); lourt,140gr(al-lapte); mancare de fasole verde regim 300g(al.glt.); Paine fara sare 100g(al-gluten); rasol pulpe sup180g;
Colita	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; paine cu sare 80g; sunca 50g;	ceai hidratare 300ml;	mar copt200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); supa alba de legume 300ml(al.glut.);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Paine cu sare 100g(al-gluten); paste albe,300gr(al-gluten); rasol pulpe sup180g;
Diabet colita	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; sunca 100g;	cascaval 100g(al-lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 60g; pilaf 200g; supa de legume,300ml(al.telina);	telemea 100gr;	branza topita 2 cub(al.lapte); mar copt200gr; paine cu sare 60g; rasol pulpe sup180g; Sote de fasole verde,200gr;
Diabet Hepatic	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	lourt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 60g; pilaf 200g; supa de legume,300ml(al.telina);	Branza vaci 100 g(al-lapte);	branza topita 2 cub(al.lapte); lourt,140gr(al-lapte); paine cu sare 60g; rasol pulpe sup180g; Sote de fasole verde,200gr;
Diabet Card	branza vaci 150gr(al.lapte); Ceai fara zahar,300ml; paine fara sare60g; unt 2buc(20g)al.lapte);	lourt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine fara sare60g; pilaf 200g; supa de legume,300ml(al.telina);	Branza vaci 100 g(al-lapte);	lourt,140gr(al-lapte); mar copt200gr; rasol pulpe sup180g; Sote de fasole verde,200gr;
Diabet	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; salam 100g; unt 2buc(20g)al.lapte);	lourt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 60g; pilaf 200g; supa de legume,300ml(al.telina);	telemea 100gr;	branza topita 2 cub(al.lapte); fript.pulpe sup 180g(125gpp); lourt,140gr(al-lapte); paine cu sare 60g; Sote de fasole verde,200gr;
Gastric	branza topita 2 cub(al.lapte); Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine fara sare 40g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	mere,200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); supa alba de legume 300ml(al.glut.);	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); lourt,140gr(al-lapte); Paine fara sare 100g(al-gluten); paste albe,300gr(al-gluten); rasol pulpe sup180g;
Hepatic	branza topita 2 cub(al.lapte); Gem 40g(2buc); Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine fara sare 40g;	ceai hidratare 300ml;	mere,200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); lourt,140gr(al-lapte); mancare de fasole verde regim 300g(al.glt.); Paine fara sare 100g(al-gluten); rasol pulpe sup180g;
HIPERCALORIC	branza topita 2 cub(al.lapte); Gem 40g(2buc); Gris cu lapte; Napolitane 35gr(al-gluten,soia,lpt,alune); paine cu sare 40g;	cascaval 100g(al-lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 200 g(al-gluten); Pilaf 300g; supa cu fidea(al.glut.,telina)300ml;	sunca 100g;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); fript.pulpe sup 180g(125gpp); mancare de fasole verde 300g(al-gluten); Paine cu sare 100g(al-gluten);
Hipocaloric	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 40g; sunca 100g;	lourt,140gr(al-lapte);	Friptura pulpe pui,220gr(155g pp); mere,200gr; paine cu sare 60g; pilaf 200g; supa de legume,300ml(al.telina);	lourt,140gr(al-lapte);	paine cu sare 40g; rasol pulpe sup180g; Sote de fasole verde,200gr;
Renal	Gem 40g(2buc); Gris cu lapte; paine fara sare 40g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	mere,200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	Gem 40g(2buc); lourt,140gr(al-lapte); mancare de fasole verde regim 300g(al.glt.); Paine fara sare 100g(al-gluten);
Speciali	biscuiti 70gr(alergen gluten); Gem 40g(2buc); Gris cu lapte; paine fara sare 40g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	mere,200gr; Paine fara sare 200g(al-gluten); Pilaf 300g; Rasol pulpe pui220gr(155gpp); supa cu fidea(al.glut.,telina)300ml;	Ceai fara zahar,300ml;	biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); mancare de fasole verde regim 300g(al.glt.); Paine fara sare 100g(al-gluten); rasol pulpe sup180g;

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Denumirea regimurilor	Mic dejun	Supliment ora 10	Pranz	Supliment ora 16	Cina
COMUN	cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	Ciorba fasole alba300ml(al.telina); friptura pulpe pui 160g(110pp); mere,200gr; paine cu sare 200 g(al-gluten); paste cu sos de rosii,300gr(al-gluten);	Ceai fara zahar,300ml;	branza cu smantana 1cut(al.lapte)180g; Paine cu sare 100g(al- gluten); salata orientala cu ou si masline 300g(al.ou);
Copii 3-16 ani	cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	Ciorba fasole alba300ml(al.telina); friptura pulpe pui 160g(110pp); mere,200gr; paine cu sare 200 g(al-gluten); paste cu sos de rosii,300gr(al-gluten);	Ceai fara zahar,300ml;	branza cu smantana 1cut(al.lapte)180g; Paine cu sare 100g(al- gluten); salata orientala cu ou si masline 300g(al.ou);
Cardiac	Branza vaci 100 g(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	mere,200gr; Paine fara sare 200g(al-gluten); paste albe,300gr(al-gluten); Rasol pulpe pui 160g(110gpp); supa zarzavat 300ml(al.glut);	Ceai fara zahar,300ml;	Aripioare pui rasol(2buc,180g); branza cu smantana 1cut(al.lapte)180g; Cartofi natur,300gr; Paine fara sare 100g(al-gluten);
Colita	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); ceai plante 300ml; paine cu sare 80g;	ceai hidratare 300ml;	mar copt200gr; paine cu sare 200 g(al-gluten); paste albe,300gr(al-gluten); Rasol pulpe pui 160g(110gpp); supa alba de legume 300ml(al.glut.);	Ceai fara zahar,300ml;	Aripioare pui rasol(2buc,180g); biscuiti 70gr(alergen gluten); branza topita 2 cub(al.lapte); Paine cu sare 100g(al-gluten); Pilaf 300g;
Diabet colita	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g;	sunca 100g;	mar copt200gr; paine cu sare 60g; paste 100g; Rasol pulpe pui 160g(110gpp); supa de legume,300ml(al.telina);	Branza vaci 100 g(al-lapte);	branza topita 2 cub(al.lapte); paine cu sare 40g; pilaf 200g; rasol pulpe sup pui200g(140gpp);
Diabet Hepatic	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	mere,200gr; paine cu sare 60g; Rasol pulpe pui 160g(110gpp); Spanac cu sos,200gr; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	branza topita 2 cub(al.lapte); cartofi natur 200g; paine cu sare 40g; rasol pulpe sup pui200g(140gpp);
Diabet Card	branza vaci 150gr(al.lapte); Ceai fara zahar,300ml; paine fara sare60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	mere,200gr; paine fara sare60g; Rasol pulpe pui 160g(110gpp); supa de legume,300ml(al.telina); Tocanita de ceapa 300g(al-gluten);	laurt,140gr(al-lapte);	branza cu smantana 1cut(al.lapte)180g; cartofi natur 200g; paine fara sare 40g; rasol pulpe sup pui200g(140gpp);
Diabet	Branza vaci 100 g(al-lapte); cascaval 100g(al-lapte); Ceai fara zahar,300ml; paine cu sare 60g; unt 2buc(20g)al.lapte);	laurt,140gr(al-lapte);	friptura pulpe pui 160g(110pp); mere,200gr; paine cu sare 60g; supa de legume,300ml(al.telina); Tocanita de ceapa 300g(al-gluten);	laurt,140gr(al-lapte);	Aripioare pui rasol(2buc,180g); branza cu smantana 1cut(al.lapte)180g; cartofi natur 200g; paine cu sare 40g;
Gastric	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; paine fara sare 80g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	mere,200gr; Paine fara sare 200g(al-gluten); paste albe,300gr(al-gluten); Rasol pulpe pui 160g(110gpp); supa alba de legume 300ml(al.glut.);	Ceai fara zahar,300ml;	Aripioare pui rasol(2buc,180g); branza cu smantana 1cut(al.lapte)180g; Cartofi natur,300gr; Paine fara sare 100g(al-gluten);
Hepatic	Branza vaci 100 g(al-lapte); cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g;	ceai hidratare 300ml;	mere,200gr; Paine fara sare 200g(al-gluten); paste albe,300gr(al-gluten); Rasol pulpe pui 160g(110gpp); supa zarzavat 300ml(al.glut);	Ceai fara zahar,300ml;	Aripioare pui rasol(2buc,180g); branza topita 2 cub(al.lapte); Cartofi natur,300gr; Napolitane 35gr(al-gluten,soia,lpt,alune); Paine fara sare 100g(al-gluten);
HIPERCALORIC	cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; unt 2buc(20g)al.lapte);	Branza vaci 100 g(al-lapte); laurt,140gr(al-lapte);	Ciorba fasole alba300ml(al.telina); friptura pulpe pui 160g(110pp); mere,200gr; paine cu sare 200 g(al-gluten); paste cu sos de rosii,300gr(al-gluten);	biscuiti 70gr(alergen gluten); laurt,140gr(al-lapte);	branza cu smantana 1cut(al.lapte)180g; Paine cu sare 100g(al- gluten); Piure din cartofi 300g; rasol pulpe sup pui200g(140gpp);
Hipocaloric	Branza vaci 100 g(al-lapte); Ceai fara zahar,300ml; paine cu sare 40g; sunca 100g;	laurt,140gr(al-lapte);	friptura pulpe pui 160g(110pp); mere,200gr; paine cu sare 60g; Spanac cu sos,200gr; supa de legume,300ml(al.telina);	laurt,140gr(al-lapte);	pilaf 200g; rasol pulpe sup pui200g(140gpp);
Renal	Branza vaci 100 g(al-lapte); Ceai,300ml; Gem 40g(2buc); paine fara sare 80g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	mere,200gr; Paine fara sare 200g(al-gluten); paste cu sos de rosii,300gr(al-gluten); supa zarzavat 300ml(al.glut);	Ceai fara zahar,300ml;	branza cu smantana 1cut(al.lapte)180g; Mancare de cartofi regim 300g; Paine fara sare 100g(al-gluten);
Speciali	cascaval,50gr(al-lapte); Ceai,300ml; Gem 40g(2buc); paine cu sare 80g; unt 2buc(20g)al.lapte);	ceai hidratare 300ml;	Ciorba fasole alba300ml(al.telina); mere,200gr; Paine fara sare 200g(al-gluten); paste cu sos de rosii,300gr(al-gluten); Rasol pulpe pui 160g(110gpp);	Ceai fara zahar,300ml;	branza cu smantana 1cut(al.lapte)180g; Paine cu sare 100g(al- gluten); Piure din cartofi 300g; rasol pulpe sup pui200g(140gpp);